

National Curriculum Links

WOW Show 1: A Health Careers Special



The following curriculum areas are supported in the lesson:

PSHE Theme: Health and wellbeing	Ways of reducing risk and managing harm and getting help in emergency situations.
	The safe use of prescribed and over the counter medicines.
	To understand what constitutes a balanced diet, including the risks of overeating and
	To learn about eating disorders and how to get help, where to go for support.
	To explore the characteristics of emotional and mental health and the causes, symptoms and emotional health disorders (including stress, anxiety and depression.
PSHE Theme: Relationships	The qualities and behaviours of positive relationships (teams, classes, friendships).
	Working as a team, setting goals, working together, negotiation, managing setback and
PSHE Theme: Living in the wider world: Economic well-being, careers and the world of work	Knowledge to set realistic and challenge personal goals and targets.
	The similarities and differences amongst people of different race, gender, identity, and of stereotyping, discrimination on individuals and communities.
	To recognise they have the same rights to opportunities in learning and work as all people cultural expectations that put a ceiling on their aspirations.
	Learn what their own identity is as a learner, develop study skills to enhance learning.

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WOW Show 2: A Health Careers Special



The following curriculum areas are supported in the lesson:

PSHE Theme: Health and wellbeing	Understanding what constitutes a balanced diet, including the risks of over eating and
	Investigate what might affect their decisions about diet.
	Learn about eating disorders and how to get help, where to go for support.
	About cancer and cancer prevention, including healthy lifestyles. Learning how to check other illnesses, how to be an assertive user of the NHS.
PSHE Theme: Relationships	The qualities and behaviours of positive relationships (teams, classes, friendships).
	Working as a team, setting goals, working together, negotiation, managing setback and
PSHE Theme: Living in the wider world: Economic well-being, careers and the world of work	Learn what their own identity is as a learner, develop study skills to enhance learning.
	To know own strengths, weaknesses, interests and to think about future employability.
	Rights and responsibilities at work. When confidentiality may need to be broken at work.

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WOW Show 3: A Health Careers Special



The following curriculum areas are supported in the lesson:

PSHE Theme: Health and wellbeing	Ways of reducing risk and managing harm and getting help in emergency situations.
	How to access local health services.
PSHE Theme: Relationships	The qualities and behaviours of positive relationships (teams, classes, friendships).
	Working as a team, setting goals, working together, negotiation, managing setback and
PSHE Theme: Living in the wider world: Economic well-being, careers and the world of work	Knowledge to set realistic and challenge personal goals and targets.
	To know own strengths, weaknesses, interests and to think about future employability.
	Understand the different types of work including employment, self-employment and have a pathway through education and work.
	Rights and responsibilities at work. When confidentiality may need to be broken at
	Learn about the labour market, skills, options and progression routes.
	Learn about the choices on offer to them, develop the skills to support this decision