

Lesson plan (15 minutes)

Making a Difference – A Health Careers Special



The following grid outlines the timings for Session 1:

Timing	Activity	Slide
N/A	Introduction to lesson: Share the lesson objectives and define the keywords.	2
2-3 minutes	What do you know about careers in health? An introductory activity for students to see what they know about careers in the health service and get them to discuss whether any of them are thinking of a career in healthcare.	3
2 minutes	What comes to mind when you hear the word 'doctor'? Students explore the stereotypical views of which gender, race, socio-economic group and ability can become a doctor or nurse. They discuss what defines a stereotype.	4
2-3 minutes	Do you know there are actually 14 AHP roles? Students guess and then explore the many AHP roles that are available as a career in healthcare. They discuss what these roles involve.	5
3-5 minutes	What experiences have you had of health careers? In addition to doctor and nurse roles, what other roles are available in healthcare and what experiences have students had of these?	6
1 minute	Where did you experience health careers? Students take a look at the different places that healthcare takes place as a way of introducing them to the broad range of places to work.	7
2-4 minutes	What qualities would you need for a career in health? Students write down and have a discussion of the qualities they may need to be successful in one of the roles discussed. This will help them explore their personal strengths and areas for development.	8
1 minute	Basic First Aid: Provides students with signposting to first aid training and the importance of knowing the basics in an emergency.	9
1 minute	Getting help in emergency situations: Provides students with the information they need should they ever find themselves in an emergency situation.	10
1 minute	Fun facts about the body: Students finish up the lesson with some fun facts about the human body.	11