

## Lesson plan (15 minutes)

### Making a Difference – A Health Careers Special



The following grid outlines the timings for Session 1:

Timing	Activity	Slide
N/A	<b>Introduction to lesson:</b> Share the lesson objectives and define the keywords.	2
2-3 minutes	<b>What do you know about careers in health?</b> An introductory activity for students to see what they know about careers in the health service and get them to discuss whether any of them are thinking of a career in healthcare.	3
2 minutes	<b>What comes to mind when you hear the word 'doctor'?</b> Students explore the stereotypical views of which gender, race, socio-economic group and ability can become a doctor or nurse. They discuss what defines a stereotype.	4
2-3 minutes	<b>Do you know there are actually 14 AHP roles?</b> Students guess and then explore the many AHP roles that are available as a career in healthcare. They discuss what these roles involve.	5
3-5 minutes	<b>What experiences have you had of health careers?</b> In addition to doctor and nurse roles, what other roles are available in healthcare and what experiences have students had of these?	6
1 minute	<b>Where did you experience health careers?</b> Students take a look at the different places that healthcare takes place as a way of introducing them to the broad range of places to work.	7
2-4 minutes	<b>What qualities would you need for a career in health?</b> Students write down and have a discussion of the qualities they may need to be successful in one of the roles discussed. This will help them explore their personal strengths and areas for development.	8
1 minute	<b>Basic First Aid:</b> Provides students with signposting to first aid training and the importance of knowing the basics in an emergency.	9
1 minute	<b>Getting help in emergency situations:</b> Provides students with the information they need should they ever find themselves in an emergency situation.	10
1 minute	<b>Fun facts about the body:</b> Students finish up the lesson with some fun facts about the human body.	11